



**Regular Meeting of Council  
Addendum**

**Date:** September 23, 2019  
**Time:** 6:30 pm  
**Location:** Council Chambers Level 2, City Hall

NOTE: The first hour of this meeting will be in closed session from 3:00 p.m. to 4:00 p.m. to discuss a confidential Human Resources matter, and confidential update to Audit Committee report L-20-19. Delegations and all other items will begin at 6:30 pm.

Pages

**4. Proclamations:**

4.6 *Orange Shirt Day - September 30, 2019*

**12. Reports of Municipal Officers:**

12.2 *Confidential update regarding Appendix B to fraudulent vendor payment (L-20-19)*

To be distributed under separate cover

12.3 *Confidential update from the City Manager on a human resource matter.*

**14. Motions:**

14.3 *Student Mental Health*

Whereas, Mental Health awareness and education are necessary in high schools to support the well-being of all students; and

Whereas, Mrs. Natalie Pierre delegated to the Halton District School Board on Tuesday, September 3, on the subject of student mental health; and

Whereas, The Halton Catholic District School Board have moved and carried the following motion; and

Be it resolved that the Halton Catholic District School Board accept the delegation regarding Student Mental Health and have a staff report forthcoming in conjunction with our mental health advisory and steering committee and that report addresses the concerns and suggestions

identified in the delegation for the Boards 2019-2020 Mental Health and Well Being Strategy; and

In addition to providing education in physical health, schools are uniquely positioned to provide students with mental health education, giving students the tools they need to navigate mental health problems they might encounter, and learning to recognize when a friend or loved one might be struggling. Addressing and supporting mental health early on in life is important. 50 percent of individuals with a diagnosable mental health disorder will receive a diagnosis by age 14, 75 percent by the age of 24, and most will begin experiencing symptoms years before that. Given these facts, programs that better connect health and education systems should be prioritized. Students need to understand signs and symptoms of mental distress and their treatments, how to look after their own mental health and where to get help.

School-based mental health education can provide support and resources for young people, who otherwise may feel isolated. Teaching mental health education as part of the school curriculum is long overdue. If everyone in our schools is empowered with knowledge, and dialogue is encouraged, students will have the freedom to open up about what they are going through and know where and how to get the support they need. Open and honest discussion about mental health reduces stigma; and

Whereas, Burlington residents are working with their local MPP to present a petition in the Ontario Legislative Assembly to ask the Provincial Government to support mental health instruction in all Ontario secondary schools; and

Whereas, several members of Council have written to the Halton Catholic District School Board in support of the residents' request to add mental health instruction in secondary schools; and

Therefore, be it resolved that: Burlington City Council endorse the request to the Province of Ontario to include and expand mental health education and programming to the Ontario secondary school curriculum.

**16. Motion to Receive and File Information Items:**

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|------|---|-------|
| 16.3 | <i>Correspondence from Cora MacLeod regarding Waldorf School site plan application (PB-66-19)</i> | 1 - 2 |
| 16.4 | <i>Memo from Councillor Sharman regarding a Resolution on Student Mental Health (ADM-12-19)</i>   | 3 - 4 |

**Waldorf School site plan application (PB-66-19)**

**From:** Cora MacLeod  
**Sent:** Thursday, September 19, 2019 9:46 AM  
**To:** Allison, Briar <Briar.Allison@burlington.ca>

On Sep 19, 2019, at 7:57 AM, Cora MacLeod > wrote:

To Councillor Paul Sharman,

Thank you for forwarding this email to all council members this week so it can be read before next weeks meeting.

I feel strongly that the town staff and elected representatives should not take any actions that promote the use of the parking lay by on Dryden as a school drop off zone.

A bicycle path should not be between a school drop off zone and a road. The town promotes riding your bike to school. They even have a day for this. Dryden Ave has designated bike lanes. I feel the town should be taking actions to make riding in these lanes safe. Cars moving in and out and dropping off students will create predictable increased possibility for dooring or cyclists being hit by a car. Cars moving in and out will increase traffic and confusion on an already busy street and intersection. Crashes can result.

If the Waldorf high school parking lot and drop off zone at the elementary school does not meet drop off needs Waldorf school can help address this issue by encouraging school staff to park off site and free up more space in the high school parking lot. The staff can also continue monitoring drop off in the high school parking lot. Staff parking offsite is being done by a private school in Oakville. There may not be enough land to build a high school on the Waldorf elementary school site but there is room that the present drop off zone at the Waldorf elementary school can be enlarged. These actions by the school can prevent future predictable overflow problems.

I feel strongly that observing and monitoring is reactive and wrong. It is irresponsible to waiting for predictable future traffic problems which puts everyone at risk. The town staff and elected representatives still have the ability to responsibly make preventable recommendations and demand the school take the preventable actions talked of above which will prevent overflow problems. Council be proactive.

The pathway also encourages the use of the lay by as a drop off zone. The council can still recommend that the pathway be removed. Be proactive.

Sincerely yours,

Cora Macleod

These actions will decrease congestion and traffic

The future Waldorf high school parking lot, and the current drop off zone at the Waldorf elementary school should be used as the school drop off zone. If this is enough to accommodate the high school needs then should it not be expected that the school increase the size of the drop off zone at the elementary site. The school may not have land to build a high school on the elementary site but they do have land where they could increase the size of their drop off zone.

This was not the original use of the parking lay by.

**To: Mayor and members of Burlington City Council**

**From: Councillor Paul Sharman**

**Cc: Tim Commisso, Mary Lou Tanner, Angela Morgan, Danielle Manton**

**Date: September 19, 2019**

**Re: Resolution on Student Mental Health**

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**Whereas**, Mental Health awareness and education are necessary in high schools to support the well-being of all students.

**Whereas**, Mrs. Natalie Pierre delegated to the Halton District School Board on Tuesday, September 3, on the subject of student mental health.

**Whereas**, The Halton Catholic District School Board have moved and carried the following motion.

**BE IT RESOLVED** that the Halton Catholic District School Board accept the delegation regarding Student Mental Health and have a staff report forthcoming in conjunction with our mental health advisory and steering committee and that report addresses the concerns and suggestions identified in the delegation for the Boards 2019-2020 Mental Health and Well Being Strategy.

In addition to providing education in physical health, schools are uniquely positioned to provide students with mental health education, giving students the tools they need to navigate mental health problems they might encounter, and learning to recognize when a friend or loved one might be struggling. Addressing and supporting mental health early on in life is important. 50 percent of individuals with a diagnosable mental health disorder will receive a diagnosis by age 14, 75 percent by the age of 24, and most will begin experiencing symptoms years before that. Given these facts, programs that better connect health and education systems should be prioritized. Students need to understand signs and symptoms of mental distress and their treatments, how to look after their own mental health and where to get help.

School-based mental health education can provide support and resources for young people, who otherwise may feel isolated. Teaching mental health education as part of the school curriculum is long overdue. If everyone in our schools is empowered with knowledge, and dialogue is encouraged, students will have the freedom to open up about what they are going through and know where and how to get the support they need. Open and honest discussion about mental health reduces stigma.

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**Whereas**, several members of Council have written to the Halton Catholic District School Board in support of the residents' request to add mental health instruction in secondary schools;

**Therefore, be it resolved that:** Burlington City Council endorse the request to the Province of Ontario to include and expand mental health education and programming to the Ontario secondary school curriculum.

Regards,

A handwritten signature in black ink that reads "Paul Sharma". The signature is written in a cursive, flowing style.

Councillor, Ward 5