



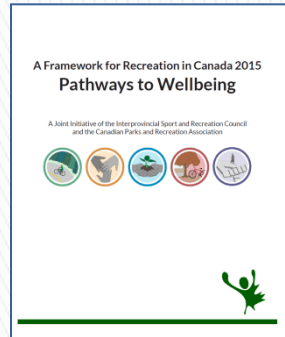
Parks and Recreation Adult Programs

Supervisor of Recreation Initiatives 2017/18

Mandy Newnham

Priorities

▶ Framework for Recreation



Themes:

- ▶ Active Living
- ▶ Inclusion and Access
- ▶ People and Nature
- ▶ Supportive Environments
- ▶ Recreation Capacity

Pathways to Wellbeing

Burlington Active Aging Plan



Themes:

- ▶ Outdoor Spaces & Buildings
- ▶ Civic Participation
- ▶ Social Inclusion
- ▶ Communication & Information
- ▶ Transportation & Transit

Age Friendly City

Considerations



- ▶ Leisure Services Policy
- ▶ Community Development Policy
- ▶ Recreation Partnerships Policy

Policies

- ▶ COB direct delivery
- ▶ Shared Arrangements – financial &/or physical resources
- ▶ Private Sector delivers service
- ▶ Community delivers service

Delivery Models

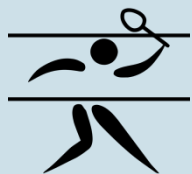
Initiatives & Link to Rec Framework (1–5 yr)



	Framework Link	Initiative
1.	Active Living	Develop Sport Program Stream
2.		Develop Wellness Program Stream
3.	Inclusion & Access	Execute Balanced Service Delivery Strategy
4.		Complete BAAP and commence designing implementation plan
5.	People & Nature	Develop Nature Immersion and Outdoor Rec Stream
6.	Supportive Environments	Act as resource to encourage supportive and enabling environments
7.	Recreation Capacity	Develop efficiencies in administrative practices and standardize recruitment, training, retention strategies for staff and volunteers
8.		Demonstrate need for increased staff compliment
9.		Develop Volunteer Management Program
10.		Develop structure in Program Planning Process
11.		Meet Budget Targets

Program Development: Increasing participation

1.



Sport Program Stream

- Increase 55+ Sport opportunities
- Sequential learning (Ready to – Intermediate)
- Conditioning programs
- Round Robins – Tournament
- Drop-in
- Outdoor and Indoor development
- Community involvement

2.



Wellness Program Stream

- Preparing for increased need for modified and accommodating programming
- Restorative programs
- Care partner support

3.



Outdoor Pursuits Program Stream

- Increase recreation in outdoor settings
- Increase nature immersion
- Provide accessible and amenities of interest to older adults in outdoor spaces

Service Expansion and Balance

1.	<p>Program Development Strategy</p> 	<ul style="list-style-type: none">• Continue expansion of evening & weekend service• Continue service delivery in Aldershot and Community Centres• Continue BSC efficiencies and extended program sessions, increased participation in programs and increased options for flexible participation
2.	<p>Active Aging Plan</p> 	<ul style="list-style-type: none">• Continue service meetings and identifying projects and initiatives which address needs identified• Produce public document• Commence implementation of strategies
3.	<p>Site delivery infrastructure</p> 	<ul style="list-style-type: none">• Optimize city community centre space• Share community space• Increase outdoor program space opportunities• Secure dedicated sport space

Capacity-Building for Growth

1.	<p>Enabling environments</p> 	<ul style="list-style-type: none">• Work with facility renewal teams to provide 55+ perspective on key needs• Social spaces and universal design
2.	<p>Administrative efficiencies</p> 	<ul style="list-style-type: none">• Systemize management of 100 volunteers and 80 part-time staff to build capacity for further growth
3.	<p>Training program for Volunteers</p> 	<ul style="list-style-type: none">• Develop volunteer management program for recruiting and training into new support roles including PALS
4.	<p>Increase resources</p> 	<ul style="list-style-type: none">• Link age-friendly initiatives and increasing 55+ population to need for expanded service and resulting resources• HR & physical