



Burlington Seniors' Advisory Committee Meeting

Minutes

Date: November 18, 2019
Time: 10:00 am
Location: Burlington Music Centre - Community Room
2311 New Street

1. Members Present:

April Begg Goodis (Chair), Jim Young, Carol Scanlon, Bob Lovell, Carmen Menard, Wendy Moraghan, Sheila Burton, Tom Carrothers

2. Member Regrets:

Sarah Edgar, Kim Routledge

3. Others Present:

Councillor Shawna Stolte, Rob Axiak (Manager of Recreation Services), Georgie Gartside (Clerk)

4. Declarations of Interest:

None.

5. Approval of Minutes:

5.1 Minutes from meeting held October 21, 2019 were approved.

6. Delegation(s):

None.

7. Regular Items:

7.1 Advisory Committee Review

Jim provided background about the advisory committee review and the committee discussed some of the proposed changes. Further work is ongoing and the committee will be kept updated.

7.2 Communications subcommittee update

Bob and Sheila attended Partnering Aldershot's seniors' event on Nov. 5. Attendance at the event was good. A second social has been scheduled on Dec. 3, 1:30-3:30 p.m. at St. Matthew's Church.

7.3 Advocacy subcommittee update

Sheila provided the following updates:

- subcommittee is reviewing four parks from a senior's perspective;
- Sheila was invited to attend a Blue Zone project presentation and asked if this is on the city's work plan. Rob advised that the project would need a commitment and support from school boards, city residents, hospital, etc. The presentation was to explore and see if there is interest in pursuing this.
- subcommittee reviewed Thomas Douglas' presentation regarding the Official Plan Downtown Policies from the last BSAC meeting and drafted a letter with feedback.

Motion: Approve the content of the letter submitted by the Advocacy Subcommittee providing feedback about the Official Plan Downtown Policies. **Carried**

ACTION:

- Georgie to finalize the letter on BSAC letterhead and send to Thomas Douglas.

7.4 Staff update

Rob shared the following:

- report recently went to council on the Active Aging Plan.
- previously asked council for additional staff funding to expand older adult programs across the city. New staff has been hired and a plan in place to implement additional programming. They will utilize existing community centres that are sitting dark during the day to implement older adult programming.

7.5 Roundtable stakeholder updates

- a. Burlington Public Library
No update.
- b. Canadian Association for Retired Persons (CARP)

Tom advised that:

- CARP has launched a Stay Healthy, Stay Strong peer support program at Holy Rosary Church every second Wednesday starting Nov. 27 from 2-3 p.m. Participants will take part in group activities around no-bake cooking, light exercise and round table discussions about living strong as we age. Participants will also work on putting together a book on healthy living for older adults based on their own positive lifestyle habits.
- community meetings are held once a month at the Burlington Seniors' Centre as well as in Milton.
- next year's focus for CARP nationally will be on the healthcare system.

c. Burlington Ready

Wendy shared that the group met in October and the next meeting is scheduled in December. They are seeking costs on generators for the program and working on a community presentation. They are also working with St. Elizabeth's Church on Kenwood and continue to on-board faith organizations.

d. Burlington Inclusivity Advisory Committee (BIAC)

Jim said that the Inclusivity Advisory Committee received a similar presentation regarding the Official Plan Downtown Policies at its October meeting. At its November meeting, committee members discussed the advisory committee review and were asked to review a corporate policy for city employees called Corporate Access and Equity.

e. Burlington Accessibility Advisory Committee (BAAC)

Sheila provided the following update:

- the Accessibility Committee is concerned about the civic lottery proposed in the advisory committee review as fifty percent of the Accessibility Committee must be persons with disabilities. This is mandated by the province under the Accessibility for Ontarians with Disabilities Act (AODA).
- Metrolinx has asked for input from residents in GTA about how they get around. One member of the Accessibility Committee

reviewed the Burlington GO station and will be submitting their feedback to Metrolinx.

- a joint meeting of all Accessibility Committees in Halton will be held on Nov. 19.

f. Integrated Transportation Advisory Committee (ITAC)

Tom shared that at ITAC's last meeting, the committee received a presentation regarding the Official Plan Downtown Policies and discussed the advisory committee review.

g. Halton Older Adult Advisory Committee

Councillor Stolte shared that Jim Thurston was appointed as chair of the Halton Older Adult Advisory Committee. Jim will attend the January BSAC meeting to provide an update.

8. Other Business:

8.1 Partnering Aldershot Seniors' Committee

Bob has been invited to join the Partnering Aldershot Seniors' Committee and will be attending their next meeting on Nov. 29.

8.2 December social

The committee agreed to go to Cora's on Dec. 16.

9. Adjournment: 11:50 a.m.