



Burlington Seniors' Advisory Committee Meeting

Minutes

Date: February 24, 2020
Time: 10:00 am
Location: Brant Hills - Community Room 2
2255 Brant Street

1. Members Present:

April Begg Goodis (Chair), Jim Young, Bob Lovell, Tammy Csajaghy, Wendy Moraghan, Tom Carrothers, Kim Routledge

2. Member Regrets:

Carmen Menard, Sheila Burton

3. Others Present:

Councillor Shawna Stolte, Rob Axiak (Manager of Recreation Services), Georgie Gartside (Clerk)

4. Declarations of Interest:

None.

5. Approval of Minutes:

5.1 The minutes from the meeting held January 20, 2020 were approved.

6. Delegation(s):

None.

7. Regular Items:

7.1 2020 work plan discussion

Rob distributed a list of potential work plan items. The committee agreed to hold off on developing a formal 2020 work plan until the advisory committee review is complete. In the meantime, the committee will continue to work on timely items as they arise.

The committee had a discussion about doing away with subcommittees to allow all committee members to participate in work plan items. Further discussion on this topic will take place when the work plan is developed.

7.2 Communications subcommittee update

No update.

7.3 Advocacy subcommittee update

Jim said the subcommittee continues to discuss a park audit and is waiting for spring to visit parks.

7.4 Staff update

Rob shared the following:

- older adult programs continue to expand across the city.
- the customer service counter and offices at the Seniors' Centre will be updated. At the same time, the hearing loop will be installed.
- Schlegal Village (across from Tansley Woods Community Centre) has offered its community space to the city for programming.

7.5 Roundtable stakeholder updates

a. Burlington Public Library

Tammy provided the following updates:

- computer training for older adults is now being offered at library branches across the city (it was only offered at the Central branch previously).
- 5-week series called Better Living for Your Brain is being offered at Tansley Woods beginning April 2 and presented by the Burlington Family Health Team and Caroline Family Health Team.
- older adult volunteer opportunities are available through the library.
- Voluntech is a 30 minute training session for older adults to bring in their electronic device and learn how to use it.

b. Canadian Association for Retired Persons (CARP)

Tom shared:

- CARP's monthly meetings are held on the 4th Thursday of each month. This month they will hear a presentation on climate change and next month on osteoporosis.
 - a national advocacy plan is underway to lobby senior levels of government regarding seniors' issues.
 - groups can share information with CARP and they will help promote through their newsletters and website.
- c. Burlington Ready
- Wendy said there is an upcoming workshop on March 5 to launch Burlington's resiliency hub model using places of worship to gather and get information during emergency events.
- d. Burlington Inclusivity Advisory Committee (BIAC)
- Jim shared that BIAC's February meeting was cancelled; therefore, no update was available.
- e. Burlington Accessibility Advisory Committee (BAAC)
- On behalf of Sheila, April said that BAAC received a presentation from city staff about the front counter improvements at the Seniors' Centre. BAAC has asked BSAC to join them at the farmers' market one Saturday a month in June, July, August and September.
- f. Integrated Transportation Advisory Committee (ITAC)
- Tom shared that ITAC received an update on the city's Integrated Mobility Plan and cycling initiatives at its January meeting. The committee also had a discussion about the advisory committee review.
- g. Halton Older Adult Advisory Committee (OAAC)
- No update.
- h. Partnering Aldershot
- Jim shared that Next Door Kitchen at 650 Plains Rd. E. holds a breakfast every Saturday between 9 and 11 a.m. for only \$2.

8. Other Business:

Rob will bring information to the next meeting regarding the PACE program.

9. Adjournment: 11:24 a.m.